

COMPREHENSIVE CARE

CLOSE TO HOME

ADVANCING
CARE
IN *YOUR*
COMMUNITY

*Turn to Page 6 to learn
more about our expansion!*



An Affiliate of  UnityPoint Health



Ushering in a New Era at Story Medical

In a matter of just a few days, we will proudly swing open the doors on the new addition to the Story Medical South Campus. Our new outpatient center represents the final piece in bringing together our primary care services, our comprehensive outpatient services, and our hospital-based services including the inpatient units and emergency department. It goes without saying that the entire Story Medical family is overjoyed to be able to offer this enhanced level of service to the community.

I encourage you to turn to Pages 6 and 7 to review more fully what this new building represents and how it is a springboard for us as we continue to implement strategies aimed at providing more central Iowans with the services they need and the kind of care they deserve.

While this is a very visible sign of our continued growth to serve you and your family locally, it is just another step forward for Story Medical in recent years. Beginning with the opening of our South Campus in



**NATE
THOMPSON,
CEO**



"...we are fortunate to have so many with a 'can-do' attitude and the skills to make incredible things happen."

2009, we have worked tirelessly to improve the level of service we provide, increase our outreach to the community in the form of wellness classes and other educational events, and expand access to care by partnering with specialty physicians and extending hours at some of our primary care locations.

In the last few months alone, in addition to preparing to open the new facility, we have ushered in a new electronic medical record (Epic) that offers you real-time access to your pertinent health data. The Epic platform was implemented in November and enables us to offer industry-leading technology in the provision of your care.

It is humbling to look back and reflect on all we have accomplished in recent weeks, months and years. I can tell you it has all been made possible by the dedicated group of individuals who give so much to Story Medical day in and day out. From our elected Board of Trustees to our leadership team, employees, volunteers and donors to the Story Medical Endowment Foundation, we are fortunate to have so many with a "can-do" attitude and the skills to make incredible things happen. Truly, without their contributions, we would not be where we are today.

As we usher in this new era at Story Medical, I hope you will join me in honoring our past, celebrating our present and looking forward to our future!

DID YOU KNOW?

Facts About Story Medical



How well do you know Story Medical? We are proud to offer you, your family and the community:

- An outpatient clinic where we perform surgeries ranging from specialized hand procedures to joint replacements, hernia repair, colonoscopies, kidney stone treatment, and much more.
- Three primary care locations serving ages newborn to senior citizen.
- A natural health location offering acupuncture and massage services.
- An emergency department staffed 24 hours a day 7 days a week with little to no wait time.
- Story County's only onsite medical center helipad to ensure rapid transfer in urgent situations.
- An 80-bed Senior Care long-term care facility offering residents 24-hour attention in a secure, comforting environment.

To learn more about how Story Medical can serve you, please visit us StoryMedical.org



SERVING THE REGION

Story Medical is committed to providing Nevada and surrounding communities with quality healthcare. Story Medical has three **Primary Care** locations throughout Story County for residents to receive primary medical care, and a natural health location offering acupuncture and massage services.

Story Medical Primary Care - Nevada

640 South 19th Street
Nevada, Iowa 50201
(515) 382-5413

Story Medical Primary Care - Maxwell

403 First Street
Maxwell, Iowa 50161
(515) 387-8815

Story Medical Primary Care - Zearing

112 West Main Street
Zearing, Iowa 50278
(641) 487-7779

Story Medical - Natural Health

431 South Duff Avenue, Suite B
Ames, Iowa 50010
(515) 232-2979

The **Outpatient Clinic & Surgical Services** at Story Medical is staffed with a team of caring, professional nurses and specialists from Story Medical and the Des Moines, Ames and Marshalltown areas. Story Medical partner physicians provide specialized diagnostic and surgical care in the following areas:

- Allergy/Immunology
- Cardiology
- Dentistry - Pediatric
- Gastroenterology (Colonoscopy)
- General Surgery
- Gynecology (Women's Health)
- Hepatology (Liver, Gall Bladder, Pancreas)
- Ophthalmology
- Orthopedic/Sports Medicine
- Otolaryngology (Ear, Nose and Throat)
- Pain Management
- Podiatry and Podiatric Care (Feet)
- Sleep Medicine
- Urology

To make an appointment, please call our Outpatient Clinic & Surgical Services at (515) 382-7738.

INPATIENT & NURSING CARE



If you or a loved one are admitted to Story Medical you will be located on the Acute Care Unit of the hospital. As a patient on the Acute Care Unit, you or your loved one will receive personalized care from our experienced care team, including regular interactions with our medical staff, round the clock nursing care and attention, and proximity to our pharmacy, diagnostic imaging and laboratory services.

Acute Care

Acute Care is short-term medical treatment for patients having an illness or injury that exhibits a rapid onset followed by a short, severe course of care given to patients who have recently undergone surgery.

Skilled Care

Skilled Care is given to an inpatient with nursing care on a 24-hour basis. It is designed to help a patient recover from illness, injury or surgery; function more independently; and/or learn to care for his/her own health needs. Patients may be reassigned from Acute Care to Skilled Care for an extended rehabilitation. Skilled patients at Story Medical benefit from the nearby accessibility of hospital-based resources.

Long Term Care

Story Medical Senior Care is an 80-bed long term care facility providing residents 24-hour attention in a secure, comforting environment that meets personal needs while offering a lifestyle that encourages independence, individual choice and group activity. All residents are cared for by trained nursing staff. Providers visit residents on an as-needed basis, and an emergency provider is on-call at all times through Story Medical's Emergency Department.



Four generations of the Borton family, from left: Barrett Breer, Stan Borton, George Borton, Emersyn Breer, Amanda Breer and Aaron Barton.

STORY MEDICAL PRIMARY CARE

Care for the Entire Family, Close to Home

Tucked up in northeastern Story County, Zearing is a town proud of its rural roots and comfortable with its “small town” label. And while there are no stoplights, supercenters or high rise office buildings, the area is served quite capably when it comes to health care.

Story Medical Primary Care offers services from an office on the main thoroughfare through town. The office is staffed by Mary O’Connor, ARNP, Kelli Holland, ARNP, and a crew of dedicated support staff. It is not uncommon for the team to serve multiple generations from the same family. Which, according to O’Connor, is a wonderful thing.

“I like that I know families extensively,” O’Connor says. “I oftentimes know their family history before they have to tell me. That type of continuity does nothing but improve the level of care we are able to offer.”

Stan Borton, a farmer who lives just north of Clemons, belongs to a family that currently has four generations being served by Zearing Primary Care. Stan, his father George, son Aaron, daughter Amanda and Amanda’s two children all make Zearing Primary Care their medical home. In addition to offering care to those in and around Zearing, Story Medical Primary Care offices are located

in Maxwell and Nevada, and Story Medical Natural Health is offered in Ames.

Stan says in years past he had to travel to larger surrounding towns for care. He says having quality care locally is important to him and his family.



“I have 100% trust in all of them. It is easy to see that they care about us as people, not just as patients.”

“The environment at Zearing Primary Care is friendly and all about the family,” Stan says. “The team there really cares and you can sense that. We are lucky to have such great care available so close to where we live.”

Stan says he also appreciates that the primary care staff lives in the community they serve.

“I’ve never lived more than 10 miles from Zearing in my life, so I know a number of the staff members outside of the office,” Stan says. “I have 100% trust in all of them. It is easy to see that they care about us as people,

not just as patients. I also appreciate the fact they care for the whole family.”

Mary says having local roots is important.

“Our staff is from this area and always has been,” she says. “That allows us to know our patients in a special way. It puts them at ease to know us outside of the exam room.”

It also allows providers to offer a full continuum of care, as they have for George, who now lives at Story Medical Senior Care in Nevada. George is still served by the providers of Story Medical Primary Care - Zearing.

“It’s nice that my dad can maintain his relationship with his provider,” Stan says. “The more stable we can keep things for him the better. This is a good thing for him.”

Mary adds that it’s not just the patient who benefits from the level of familiarity and comfort developed while offering care to multiple generations of a single family.

“It’s a wonderful atmosphere to practice medicine in,” she says. “I share a special relationship with my patients, and I cannot imagine working anywhere else.”

PRIMARY CARE PROVIDERS

Story Medical Primary Care provides comprehensive healthcare to patients of all ages, from newborns to seniors, throughout Story County. Wherever you are, our experts are nearby.

Story Medical Primary Care - Nevada

640 South 19th Street, Nevada, Iowa 50201
(515) 382-5413



ART CHECK,
DO



ADRIAN PALAR,
MD



KELLY CHECK,
DPM



SHANE HIGGINS,
PA-C



JYL WONNELL,
PA-C



ELIZABETH COX,
FNP-BC

Story Medical Primary Care - Zearing

112 West Main Street, Zearing, Iowa 50278
(641) 487-7779



MARY O'CONNOR,
ARNP, FNP



KELLI HOLLAND,
ARNP, FNP

Story Medical Primary Care - Maxwell

403 First Street, Maxwell, Iowa 50161
(515) 387-8815



MARY CARR
PETERSON, PA-C

Story Medical Natural Health

431 South Duff Avenue, Suite B,
Ames, Iowa 50010, (515) 232-2979



VALERIE STALLBAUMER,
LAC, MSOM

OUTPATIENT CLINIC & SPECIALTY SERVICES

A Convenient Option for Exceptional Care



Nevada Fire Chief
Ray Reynolds.

"For the first time since my accident, I feel like my care is organized and all members of the care team are communicating to ensure my needs are met."

A thousand miles from home, life changed in an instant for Ray Reynolds. On his motorcycle, returning to Iowa from a trip to Texas, Ray was involved in an accident that led to multiple surgeries, weeks off work as Nevada's Fire Chief, and a grueling rehabilitation process.

On top of the difficult process of recovering physically, Ray was faced with the challenge of coordinating his care miles and miles from home.

"It was not easy," Rays says looking back on his time in the hospital in Texas. "I had extensive injuries and transferring my care back to Iowa was a headache. Even when I returned, it was frustrating traveling back and forth to Des Moines for appointments, consult and reassurance I was going to be okay."

At about his lowest point in recovery, as luck would have it, Ray was referred to Dr. Scott Shumway, M.D. of Iowa Ortho. Because Iowa Ortho had just entered a partnership with Story Medical to provide care from the outpatient clinic at the medical center, Ray was able to see Dr. Shumway locally.

"The injuries I had to my hand were too complex for the physicians I was seeing in Des Moines to address," Ray says. "Dr. Shumway is among the state's leaders in hand and arm trauma and he was just what I needed."

Not only was it nice for Ray to be close to home for



SCOTT
SHUMWAY, MD
IOWA ORTHO

procedures, but being able to follow up with Dr. Shumway in Nevada, and participating in a comprehensive regimen of physical therapy ensured he wasn't using any more leave from work than he absolutely had to.

"During the 70 days of leave I had to take, I was burning through sick time," Ray says.

"Being able to see an expert like Dr. Shumway right here in Nevada has been refreshing. Add

to that the fact that I could perform all of my physical therapy at Story Medical and it has been the perfect situation. For the first time since my accident, I feel like my care is organized and all members of the care team are communicating to ensure my needs are met.

"I tell everyone how grateful I am that Story Medical provides all the services I need available in Nevada."

Ray adds that his experience at Story Medical has exceeded all his expectations and has him confident he will get back to full strength in no time.

"Before being cared for at Story Medical I had a series of experiences that made me feel like I was just a number," Ray says. "That all changed right away. At Story Medical, every member of the care team makes me feel like I'm their only patient. And that level of care is important to those who find themselves in a condition like I was."



A look inside the Board Room in the new addition to Story Medical's South Campus.

LOOKING AHEAD

The Future of Story Medical is Bright

Story Medical has been a trusted provider of high-quality, local healthcare to the residents of Story County for more than 65 years. Story Medical is a 17 bed federally designated Critical Access Hospital, offering a complete spectrum of services from primary care to acute inpatient hospital care and nursing home care. All services are designed to provide you with the individual, personal attention you deserve.

Medical services offered:

- **Acute Care:** Patients in the Acute Care Unit are inpatients, which means they are cared for by our professional, compassionate providers, nurses and staff at the hospital rather than at home.
- **Primary Care:** Our primary care providers, located in Nevada, Zearing and Maxwell, provide a broad range of services to all members of the family. Physicals, well child checks, care for common ailments and injuries, women's care and more are available.
- **Natural Health Clinic – Ames:** Our Natural Health Clinic offers therapies, including acupuncture, massage and more.



Story Medical is proud to offer a complete spectrum of services from primary care to acute inpatient hospital care, nursing home care, and 24/7 emergency services including Story County's only hospital-based helipad.

- **Rehabilitation Services:** A full array of rehabilitation services, including physical, occupational, cardiac, speech, and respiratory therapy are provided.
- **Emergency Services:** Our experts are available 24 hours a day to provide skilled care for any emergency situation with virtually no wait time. We offer the only hospital-based helipad in Story County, providing access to critical care when minutes matter.
- **Laboratory Services:** Our experienced technicians offer a full range of lab services, including blood draws for wellness checks, drug screens and more.
- **Occupational Health:** Customized, local, cost effective services to support our business community including pre-employment testing, audiometric testing, proactive/conservative triage to reduce MSD's, injury prevention techniques, onsite ergonomics and education sessions, facilitated restricted duty and return-to-work programs, and focused worker's compensation evaluations and treatment to improve outcomes and reduce lost time injuries.
- **Skilled Nursing Care:** This service is designed to help patients recover from illness or surgery with 24-hour attention from our skilled, compassionate team of medical specialists in a caring, comfortable environment.



The consolidated services will allow for a 'one stop shop.' Patients can see their primary care provider and receive labs, x-rays or therapies without getting back in their vehicle and traveling across town.

- **Radiology:** Some of the most advanced imaging technologies available, including CT, X-Ray, Mobile PET/CT, Bone Density (DXA), MRI and Nuclear Medicine.
- **Outpatient Clinic & Surgical Services:** With a range of services comparable to much larger hospitals, we offer more than a dozen surgical and advanced care services through our outpatient specialty clinics. (Orthopedics, pain medicine, urology, and cardiology to name a few.)
- **Senior Care:** Our 80 bed long-term care facility is well respected throughout Story County for its quality care. We provide residents 24-hour attention in a secure, comforting environment that meets personal needs while offering a lifestyle that encourages independence, individual choice and group activity.
- **Wellness and Health Education:** We proudly serve our community by regularly providing wellness education programs and services that are open to the public.
- **Women's Services:** We offer a wide range of women's care services. From routine and preventive health and well-being services to more advanced procedures offered by board certified physicians, complete care is available for women of all ages.

Where We Are Going

On February 14, 2017, Story Medical will open the doors to a new outpatient facility co-located on the Medical Center's South Campus.

This new facility will allow Story Medical to improve the patient experience by offering outpatient and provider services in one location.

The expansion will include a clinic, outpatient therapy (physical therapy, occupational therapy, speech and respiratory therapy), cardiac rehab and wellness programs. The expansion will provide the citizens of Story County with conveniently accessed, comprehensive, team-based healthcare.

The new medical facility assures the availability of high quality, accessible healthcare to the residents of Story County for decades to come. The building will be a modern, efficient facility that is easy to navigate and centrally located for patients coming from the communities we serve.

How We'll Get There

Every day, Story Medical is impacting the lives of those who live in the communities we proudly serve. This expansion project will result in a modern healthcare facility that incorporates new technologies, convenient patient access, enhanced operational efficiencies and integrated patient care at all levels.

The estimated cost of the project is \$15 million dollars. The majority of the funding for this expansion will be provided by a USDA Loan. This will be complemented by \$2 million raised through the generosity of private donors.

To date, we have raised \$1.1 million in private funds.

Continued population increases and economic development are expected to sustain upward trends in patient volumes.

To meet the resulting healthcare demands and ensure ready accessibility to all we serve, the South Campus project is critical. This strategic expansion will enhance the overall health of community members by enabling the addition of new technologies, providing a convenient 'one-stop-shop' for all services, and fostering increased collaboration by providers and operational efficiencies for the entire care team.

We invite you to consider a gift to support the people, programs, and activities vital in ensuring Story Medical continues to provide state of the art health care to the residents of Story County.

Thank you in advance for considering support of this project. To learn more about how you can have an impact on expanding access to critical health care services, please contact us today.

Story Medical Endowment Foundation
640 S. 19th Street, Nevada, Iowa 50201
(515) 382-7711

lpringnitz@storymedical.org
www.StoryMedical.org

Therapy Services

Therapy Services at Story Medical
640 South 19th Street, Nevada, Iowa 50201
Phone: (515) 382-2543



STEVEN CASSABAUM,
DPT



JASON HORRAS,
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NANCY SCHREIER,
OTR/L



MATT MYERS,
ATC



TASHA VORM,
PTA/ATC



JESSICA BELL,
PTA



TARA MARLER,
OTA

The therapy services department at Story Medical, in partnership with **21st Century Rehab**, offers a comprehensive array of inpatient and outpatient services.

The professional staff consisting of physical therapists, occupational therapists, athletic trainers, speech therapists and rehab aides work closely with providers to develop an individualized approach to treatment planning, with an emphasis on education, wellness and injury prevention. Service include:

- Women's Health/Lymphedema
- Back, Neck and Shoulder pain
- Hip, Knee, Ankle or Foot Pain
- TMJ Disorders, Headaches, or Facial Pain
- Arm, Wrist or Hand Problems
- Carpal Tunnel Syndrome
- Pain and Dysfunction Related to Arthritis
- Balance Impairments or Vertigo
- Post-Surgical Rehabilitation
- Athletic Injuries
- Occupational Health



Mike (left) and Ann (middle) Young return to Story Medical to visit with Shanda Ring, RN.

COMPREHENSIVE CARE

The Right Place at the Right Time

While Ann Young was in quite a bit of discomfort in the wee morning hours of September 28, 2015, she was not crazy about her husband Mike's suggestion they go to the emergency room to be seen. She reasoned the upper back and shoulder pain she was experiencing was probably a side effect of the 25 mile bike ride they had gone on with friends earlier in the day. And the feeling of indigestion? Simply a reaction to the ibuprofen she had taken to ease the pain.

Ann was certain it was nothing, but just after 3 a.m., she got in the truck with Mike and started out on the drive from their home in central Nevada to Story Medical. The decision proved to be profound, as mere seconds from home, Mike looked over at Ann as she stiffened, passed out and became unresponsive.

Not knowing what had just happened to his wife, Mike rushed to the Story Medical Emergency Department, threw open the door to the truck, and ran inside for



"...they kept doing compressions and continued to use the defibrillator. At no point did they ever give up on her."

assistance. In a matter of seconds, the Story Medical team sprung into action. The first to reach Ann was Shanda Ring, RN.

"We got her out of the truck and laid her down beside it and Shanda began administering compressions," Mike recalls. "As she did that I ran back inside to get more help."

Ann had suffered a massive heart attack on the way to the emergency room. And even with constant compressions and a team of skilled emergency professionals working on her, things looked bleak. When Ann failed to respond to a charge from the defibrillator, the care team loaded her on a gurney and moved her into the hospital.

"Throughout, they kept working," Mike recalls of the team led by Dr. Joshua Rehmman, DO, who has served patients in the Story Medical emergency department since 2007. "It is hard to know how long they were working on her because it was such a surreal situation. But they kept doing compressions and continued to use the defibrillator. At no point did they ever give up on her."

Once they got Ann in a room, and after a total of seven attempts with the defibrillator, they were able to get her heart beating again. With a helicopter on its way, the team focused on stabilizing her and preparing her for a



JOSHUA REHMMAN, DO
UNITYPOINT HEALTH

“Having the team there monitoring me helped me quickly gain confidence. I can’t say enough about the Cardiac Rehab team at Story Medical...”

trip to Des Moines for more advanced care.

“I probably walked five miles pacing around waiting for the helicopter to arrive,” he says. “The staff kept an eye on me and kept me very informed every step of the way. I was continually assured they were doing everything they could to ensure she pulled through. I was very appreciative of the staff and the caring environment that they provided during a very difficult time for me.”

Out of the Blue

Just 55 at the time, Ann had a family history of heart disease, which included both of her parents dying of heart attacks at a relatively young age. In an effort to counter her genetics, Ann and Mike were avid cyclists and outdoor enthusiasts, and consumed a healthy diet.

“I didn’t know what was causing the discomfort,” Ann says, looking back on the hours prior to the heart attack. “I just knew I didn’t feel good. Even with my family history, I had it in my head that it was just something that I had eaten or that I had been too physically active that day. My first thought was that I am too young for something like this to happen.”

After having an emergency stent placed after the air transfer to Des Moines, Mike and Ann learned it was a blood clot that lodged in one of her cardiac arteries. The condition is often fatal and had the Young’s not been on their way to Story Medical when it happened, things likely would have turned out much differently.

“We found out much later,” Mike says, “that Ann’s condition was so serious that the medical team had serious doubts about whether she would make it to Des Moines.”

She did make it, but even with the incredible work of the team at Story Medical and the emergency procedure in Des Moines, Ann was not out of the woods.

Mike says she spent almost two weeks heavily sedated. With his adult children at his side, Mike says it was 10 days before they were certain she would pull through.

Back Home

As Ann continued to improve, she was soon discharged from the hospital in Des Moines and cleared to return home to begin cardiac rehabilitation. She chose to do the rehab at Story Medical, and says she couldn’t have made a better decision.

“It was so convenient to have an option to complete my cardiac rehab right here in town,” Ann says. She and Mike say they were both a little leery about her driving longer distances in the weeks after the heart attack. She soon

found, however, that not only was the location convenient, but the cardiac rehab team at Story Medical would provide her with the advanced level of care she needed to allow her to be physically active again.

“When you’re coming back from something as serious as a heart attack there is a lot of fear about how much you can actually do,” Ann says. “Having the team there monitoring me helped me quickly gain confidence. I can’t say enough about the Cardiac Rehab team at Story Medical – they are skilled caregivers with a passion for what they do and compassion for those they serve.”

She says there is an added benefit to participating in cardiac rehab.

“You are working out as a group,” Ann says. “There are others there who have been through something similar and serve as proof that things are going to get better. That you are going to get back to a normal life.”

The Good Life

Ann says it took about six months before she returned to a normal level of activity. Today, more than 16 months removed from the heart attack, she says she is a little more cautious, but back to being active and enjoying life. The couple even hiked up Pinnacle Mountain in Arkansas with their kids this past summer.

“In most ways we’ve settled back into a normal routine,” Ann says. “I still don’t feel comfortable being by myself for an extended period of time, but for the most part everything is fine.

“There is not a day that goes by that I don’t think about the people who saved my life. Everything lined up just as we needed it to that morning. It was the right people, in the right place at the right time.”

Asked to describe the team at Story Medical that saved her, Ann is quick to pile on the superlatives.

“Awesome. Caring. Wonderful. Real life-savers.”

For those questioning whether the team at Story Medical is ready, willing and able to serve, she is direct.

“I had only been there once prior to this, for a cut on my finger,” Ann says. “But now I understand how fortunate we are to have a team like we have at Story Medical right here in our community. Had I chosen to go elsewhere, the outcome would have been very different for me. I either wouldn’t be here or I would have significant damage. I am so grateful that I had an option so close to home.”

“We’ve been back a few times to see everyone,” Mike says. “In fact, they refer to Ann as ‘The One’ which gives us a chuckle. We just wanted them to see Ann again and to see that they made a huge difference in a lot of lives by continuing to work on her. They literally saved her life.”

Story Medical
Emergency Department
In an Emergency call 911
 640 South 19th Street
 Nevada, Iowa 50201
 Phone: (515) 382-7725

Emergency Providers



**MICHELLE
JANS, PA-C**



**MELANIE
PLAIN, PA-C**



**ELIZABETH
ROBBINS,
PA-C**



**ART CHECK,
DO**



**ADRIAN PALAR,
MD**

The Emergency Department at Story Medical includes the Mobile Intensive Care Unit - MICU (ambulance) and the Emergency Room.

We offer emergency care 24 hours a day, 7 days a week, 365 days a year from the medical center and are the only hospital-based helipad in Story County to ensure swift transfer for advanced care when needed. Because we offer virtually no wait time, your needs are addressed immediately.

We are verified as a Community Level Trauma Care Facility and offer immediate access to critical services including Laboratory and Radiology (including CT scanning) available around the clock.

In an emergency, the providers, nurses and staff at Story Medical are prepared to serve you. Our conveniently located Emergency Department – just one block off Highway 30 in Nevada – ensures that when seconds count, you can count on us.



David Burling (left) and his mother, Pearl, in her room at Story Medical Senior Care.

STORY MEDICAL SENIOR CARE

Offering Families Peace of Mind

Heading into the holiday season in 2015, David Burling could sense something was “off” with his mother, Pearl.

She had always been happily independent, living alone in her home. But with the onset of the Iowa winter, Pearl began complaining that she wasn't feeling well. David says along with the physical illness, Pearl began to exhibit signs that her mental health was being impacted as well. It wasn't long before David and wife, Chris, made the decision to seek out long-term care for Pearl.

As long-time residents of Nevada, the Burlings were quick to contact Story Medical Senior Care to learn more about options available to Pearl. Just before Christmas, Pearl moved to Senior Care.

David says it was a difficult decision for he and Chris to make, but looking back, it was the best thing they could have done for Pearl—and for their own peace of mind.

“She was not well when she entered Senior Care,” David says looking back. “But throughout the process, the Senior Care staff was so reassuring. They knew that with their care she would turn the corner. From day 1, they were so good to her.”

Even with around the clock care, David says it took



“The caregivers took their time with her and showed a great deal of patience and compassion.”

months for Pearl to shake the illness and begin to show signs of returning to full strength.

“I would say it took about six months for us to begin seeing changes in her,” David says. “It was quite an adjustment for her to move from her home and to do so when she was not feeling well. The caregivers took their time and showed a great deal of patience and compassion with her. We are now seeing the results of all they've done for her to increase her independence. In the last six months she has truly blossomed.”

It has been a stressful year for all of the Burlings, but David says this Christmas provided an opportunity for the family to celebrate as they look forward to 2017. Quite a contrast to the uncertainty they faced one year ago.

“She was with us on Christmas,” David says of his mother. “And after a few hours, I think she was ready to be home, that being Senior Care. It makes me feel good

to know that she now looks at Senior Care as her home and is comfortable in her new surroundings.

“All of this was a huge adjustment for us,” David continues. “It was difficult for my mom, and it was difficult for Chris and me. Looking back, though, it was the right decision.”

From participating in the many social activities, to serving as a friend and listening ear to her peers, it has been a year of growth for Pearl. David says she is treated like a “queen” at Senior Care, and is not only surviving, but thriving.

“To know that she is okay and that she is being cared for is the best feeling,” David says. “I see her now living out her purpose in life of being a friend and a good listener to those around her. That is her ministry and she is in the right place to put her talents to work. We are so grateful for the care she receives at Story Medical Senior Care.”

VOLUNTEERING AT STORY MEDICAL

Showing Support for Senior Care

At Story Medical we take great pride in being a member of such a giving community. While our purpose is to serve those in need with dignity and respect, when we need a helping hand we can count on our neighbors to step up. One friend of Story Medical is making a big impression.

Emily and her daughter, Rylee (pictured at right), have volunteered since February 2016 by passing the juice cart and visiting with the residents at Senior Care. The goal is to help Rylee learn what it's like to give back.

Even though Rylee is now in Kindergarten, she will continue volunteering when she is available on school breaks (to the delight of our Senior Care residents). We appreciate the giving nature of Emily and Rylee and all those who support Story Medical by volunteering.

Check out the article at right for more information on volunteering at Story Medical.



Senior Care volunteers Rylee and Emily.

Story Medical
Volunteer Services
Phone: (515) 382-7014

Our volunteer program offers men and women, ages 14 and up, a tremendous variety of opportunities for service to our hospital and senior care. We offer you the satisfaction of helping others along with wonderful support from our staff. Volunteer assignments can be arranged on a schedule that suits you. Volunteers' commitments range from daily to once every three months.

Immediate opportunities include:

Ambassador: Volunteer will escort guest throughout the medical center. May also help deliver flowers and mail. This is a great way to stay healthy and on your feet!

Valet: Volunteer will greet guest at their vehicle, provide guest with tag for their vehicle, seek escort assistance as needed, park and retrieve guest vehicle.

For all volunteer opportunities, contact Jill Bohnet at jbohnet@storymedical.org

SUPPORTING STORY MEDICAL

Enabling Excellent Care at Story Medical

Believe it or not, YOU play a role in the provision of excellent care at Story Medical. By supporting the Story Medical Endowment Foundation, you make possible the expansion of programs, services and facilities—including the new addition to our South Campus.

The mission of the Story Medical Endowment Foundation is to encourage, accept, and manage gifts and grants from public and private sources given in support of the medical center.

The health and well-being of the people in Story County is a continual concern for us. The funds you provide are used for improvements in the ever-changing methods of modern health care delivery.

In addition to facilitating upgrades to our facilities, your support aids in the recruitment of advanced physicians and providers to care for patients locally.

Making a Gift

The Story Medical Endowment Foundation is a 501(c)(3) not-for-profit organization accepting gifts on behalf

of Story Medical. We have a number of avenues for you to give:

GENERAL FUND DONATIONS

Cash donations may be made to the general fund or designated for specific uses (i.e., Equipment needs, Senior Care Activities). Memoriam funds can be established as designated funds (the administrator of the memoriam will then decide the use of the funds). Non-designated funds may be used for operating costs, capital improvement expenses, equipment needs, community involvement activities, etc.

Story Medical Endowment Foundation also has options for monthly debiting that allows gifts to be given year-round.

CAPITAL CAMPAIGN DONATIONS

Although the new addition to South Campus will open in the coming days, donations to the capital campaign are still needed to reach our goal of \$2M in private funding.

BEQUESTS AND PLANNED GIVING

Your will affirms, honors, and protects what matters most in your life – your loved ones, your principles, your values.

Through estate planning, you can help ensure that those in our region will always be provided with quality, affordable health care and education. Including Story Medical in your will is one of the most meaningful and generous gifts you can make.

GIFTS OF STOCK

Story Medical is able to accept gifts of stock.

GIFTS OF GRAIN

Story Medical is able to accept gifts of grain.

MAKING YOUR GIFT

Regardless of your preferred method of giving, donations may be sent to:

Story Medical Endowment Foundation
640 S. 19th Street
Nevada, IA 50201

Please include a note with the gift that indicates general fund or other designation. For more information or to schedule a meeting to discuss your options further, please contact Loni Pringnitz at lpringnitz@storymedical.org or call (515) 382-7711.

OPEN HOUSE!

Be watching in the weeks to come for details on a special Open House celebration scheduled in April for our new addition to South Campus!



ONE LOCATION TO MEET

ALL YOUR NEEDS

Our Nevada Providers are Moving!

Patients with appointments scheduled with Story Medical Primary Care – Nevada after February 13, 2017 will be seen in the new facility.



ART CHECK,
DO



ADRIAN PALAR,
MD



KELLY CHECK,
DPM



SHANE HIGGINS,
PA-C



JYL WONNELL,
PA-C



ELIZABETH COX,
FNP-BC

**For more information, or to schedule an appointment,
please call us at 515.382.5413.**



An Affiliate of  UnityPoint Health



Story Medical By the Numbers

2,965

Patient Days at
Story Medical

20,727

Visits to Story Medical
Primary Care providers

3,859

Emergency Room Visits
to Story Medical

6,028

Radiology procedures
performed at Story Medical

4,199

Visits to Story Medical
Outpatient Speciality Clinics

47,748

Laboratory tests performed
at Story Medical

21,482

Senior Care days at
Story Medical Senior Care

14,500

Therapy visits at Story Medical

1,622

New patient visits to
Story Medical Therapy Services

664

Operating Room Visits
at Story Medical

1,283

Ambulance calls to Story Medical
Mobile Intensive Care Unit