

A Publication of Story Medical

SOURCE

Spring 2015



Team Approach to Specialty Care

A Winning Combination
for Orthopaedics Patients



Fostering Wellness

For more information about community wellness opportunities at Story Medical, contact Meagan Ausborn-Henderson at 515-382-7115.

Story Medical Wellness, in partnership with a Community Impact Grant from the United Way of Story County, is giving back to the community by offering free yoga classes and community wellness classes in exchange for non-perishable, healthy food items for food pantries in Eastern Story County.

Yoga classes are held the first Saturday of each month from 11 a.m. to 12 p.m.

Community wellness classes are currently being held at 2 p.m. every Friday and will include a variety of classes including resistance training, core training, and more. Classes are held at Story Medical's North Campus in the Board Room, 630 6th Street, Nevada.

“This is a wonderful opportunity for our community members to reap the benefits that a regular yoga and exercise practice can offer,” says Meagan Ausborn-Henderson, Director of Health Promotions. “Our hope is that we will help give our community members the tools they need to develop healthy lifestyles. Our free wellness offerings will provide the necessary skills to improve the long-term quality of life of individuals and families.”

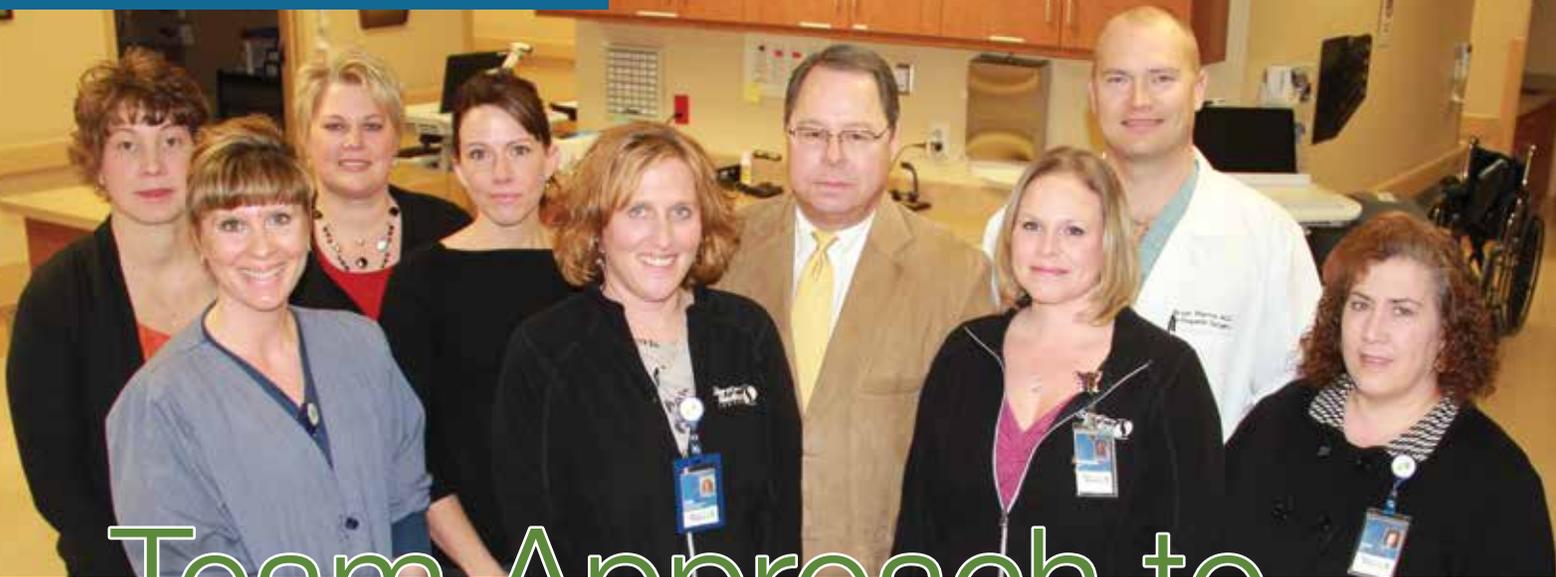
Request an Appointment **Online!**

In an effort to make scheduling as simple as possible for patients, Story Medical now offers an online appointment request form. Patients looking to schedule simply need to navigate to StoryMedical.org, click on the “Request an Appointment” icon on the homepage, complete the request form, and then click the “Submit” button. Once we receive your request, we will work to get back to you with a confirmation within one business day.

Online appointment requests are best for routine follow-up appointments, physicals and other non-urgent needs. If you need immediate assistance, please call the clinic of your choice during business hours. If your request is an emergency, please call 911.



Find our online appointment request form at storymedical.org/requestappt/contactus.aspx



Team Approach to Specialty Care



Margaret Fehrle, MD

“Advanced services, including surgery, rehabilitation and follow-up care, are available right here at Story Medical.” — Dr. Margaret Fehrle

When it comes to advanced specialties like orthopaedics, it is of benefit to have a team of providers close to home. At Story Medical, three experienced physicians are at the ready to treat sprains, strains, breaks, tears and about anything else that impacts the musculoskeletal system.

Margaret Fehrle, MD; Kirk Green, MD; and Bryan Warme, MD lead the orthopaedics team at Story Medical. Dr. Green, who specializes in treating broken bones, says having advanced orthopaedic care at Story Medical is a boon for the community.

“Receiving care locally adds another layer of convenience during the recovery process for the patient and caregiver,” Dr. Green says. “We have a very good group here. We function well together.”

Dr. Warme, who specializes in sports-related injuries “from A to Z” including shoulders, knees and other joints, agrees.

“The continuity of care at Story Medical really benefits the patient,” he says. “We get to know the other providers, nurses

and members of the care team very well because we work together so often. We are all focused on helping the patient get back to the things they enjoy.”

Dr. Fehrle, who has served Story Medical since 1996, says long-distance travel isn’t necessary to receive advanced care.

“For everything from joint replacements to less invasive scope procedures, we have experienced providers and staff available,” she says. “Advanced services, including surgery, rehabilitation and follow-up care, are available right here at Story Medical.”



Kirk Green, MD



Bryan Warme, MD

Common Procedures at Story Medical

- Minimally invasive scope procedures in which an examination and sometimes treatment of damage of the interior of a joint is performed
- Total knee replacements
- Hip replacement surgery
- Rotator cuff/shoulder repair
- Spinal procedures
- Sprains, strains, fracture repair
- Carpal tunnel surgery

PRIMARY CARE

CLOSE TO HOME

Story Medical Clinics provide comprehensive healthcare to patients of all ages at locations throughout Story County. Call or visit

StoryMedical.org to schedule an appointment today.

Nevada, 519 F Avenue

515.382.5413

Arthur Check, DO, Family Practice

Kelly Check, DPM, Podiatry

Adrian Palar, MD, Family Practice

Shane Higgins, PA-C, Family Practice

Jyl Wonnell, PA-C, Family Practice

Maxwell, 403 First Street

515.387.8815

Mary Carr Peterson, PA-C

Zearing, 112 West Main Street

641.487.7779

Mary F. O'Connor, ARNP

Kelli Holland, ARNP

Ames, 431 South Duff Avenue

Natural Health Clinic

515.232.2979

Valerie Stallbaumer, LAc, MSOM



Holland Joins Zearing Clinic

Kelli Holland, ARNP, joined Story Medical Clinic – Zearing last fall.

Kelli received her Associate Degree in Applied Science in Nursing from Cleveland State Community College in 2003, and her BSN and MSN Family Nurse Practitioner from Graceland University in 2014. She is AANP certified, specializes in family medicine and has 11 years nursing experience in emergency medicine and critical care.

She was born and raised in Chattanooga, TN and has lived in Nevada for the last 7 years with her husband and two boys (ages 9 and 6).

Kelli joins Mary O'Connor, ARNP, who has been providing care at SMC-Zearing since 1997.

“I am very excited to have Kelli join our team in Zearing,” Mary says. “Our clinic continues to grow and she will be a wonderful provider for our community.”

To make an appointment to see Kelli, contact Story Medical Clinic-Zearing at 641.487.7779.



Find us at StoryMedical.org or search “Story Medical” on these social media sites!